



# Catalog Addendum

March 8, 2024

The content contained within this addendum is specifically related to the nursing program and its revised curriculum effective fall 2023.

## Course Descriptions

### Pre-Licensure AASN Nursing Course Descriptions

#### **NUR 100: Orientation to Nursing**

**(1 credit: didactic; hybrid)**

This course introduces the student to the academic skills necessary for the success of an associate degree nursing student. The course will provide the student concrete academic strategies, exposure to essential professional codes and standards, time to reflect on their personal values and the values of Bon Secours Mercy Health, interprofessional and intraprofessional communication techniques, and an opportunity to build relationships with peers, faculty, and advisors.

#### **NUR 101: Foundations of Nursing Practice**

**(3 credits: didactic; hybrid)**

This course provides an overview of the foundations of the profession of nursing. The student will examine the history of nursing and its relationship to contemporary issues. The student will intentionally integrate knowledge gained through liberal arts and sciences with beginning nursing knowledge. Core concepts such as nursing process, clinical judgement models, psychosocial and physiological concepts, and evidence-based practice, that inform nursing practice will be explored.

#### **NUR 103P: Competencies for Nursing Practice I**

**(2 credits — 1 credit lab, 1 credit practicum; hybrid)**

This lab and practicum introduce the student to patient care by focusing on fundamental nursing knowledge and psychomotor skills essential to nursing practice. The student will integrate concepts of the sciences, compassionate and person-centered care, the nursing process and evidence-based practice, communication, collaboration, informatics, and professionalism to form the foundation of nursing practice.

#### **NUR 102: Lifespan Health Assessment and Clinical Prevention**

**(3 credits: didactic; hybrid)**

This course utilizes a body systems approach to explore principles of health assessment and clinical prevention across the lifespan. The student will explore means to collect and interpret subjective and objective data to formulate clinical judgment about the individual's health state, response to actual or potential problems, life processes, or higher levels of wellness. The nursing student will promote primary, secondary, and tertiary prevention. This course is aligned with Lifespan Health Assessment and Clinical Prevention Lab.

#### **NUR 102L: Lifespan Health Assessment Lab**

**(1 credit: lab; hybrid)**

This lab allows the ADN student to apply learned concepts and demonstrate the knowledge, skills, and attitudes needed for a comprehensive health history and physical exam. The student will also use assessment data to inform teaching clinical prevention strategies. This lab is aligned with Lifespan Health Assessment and Clinical Prevention.

#### **NUR 104P: Competencies for Nursing Practice II**

**(2 credits — 1 credit lab, 1 credit practicum: hybrid)**

This lab and practicum course continues knowledge and skill development for the ADN student. This course is combination of lab and practicum. The student will integrate concepts of the sciences, compassionate and person-centered care, the nursing process and evidence-based practice, communication, collaboration, informatics, and professionalism to form the foundation of nursing practice.

#### **NUR 111: Adult Nursing Science I**

**(3 credits: didactic; hybrid)**

This course introduces the ADN student to person-centered care across the healthcare continuum with an emphasis on clinical prevention, health promotion, health restoration, and health maintenance of adults. This course will focus on the nursing care for patients experiencing alterations in homeostasis secondary to fluid and electrolyte imbalance,

ventilation and oxygen transport problems, perfusion compromise, genitourinary dysfunction, and endocrine disorders. Adult Nursing Science I will draw on knowledge gained in prerequisite education and is aligned with Pathopharmacology I and Adult Nursing Science I Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 111P: Adult Nursing Science I Practicum**

**(2 credits: practicum; hybrid)**

This practicum allows the ADN student to apply their foundational nursing knowledge and skill in the holistic care of adult patients with common acute and chronic health conditions. The student hones their abilities to apply the nursing process, critically think, develop clinical judgment, cultivate therapeutic relationships, communicate effectively with the intra- and interprofessional team, understand the healthcare system, utilize informatics and healthcare technologies, demonstrate professional behaviors and the values of Bon Secours Mercy Health, and engage in the learning process. This practicum is aligned with Adult Nursing Science I and Pathopharmacology I.

### **PHR 105: Pathopharmacology I**

**(2 credits: didactic; hybrid)**

This course examines physiology, pathophysiologic concepts, and pharmacological principles as related to the disruption of homeostasis in the human body. Building on knowledge of anatomy and physiology, this course explores normal physiology, the corresponding disease processes, and the associated pharmacological interventions of the following body systems: autonomic nervous, endocrine, respiratory, cardiovascular, and genitourinary. The student will explore current issues related to management of care and medication compliance, safety, and availability. This course is closely aligned with Adult Nursing Science I and the associated Adult Nursing Science I Practicum.

### **NUR 212: Adult Nursing Science II**

**(3 credits: didactic; hybrid)**

This course continues the student's exploration of person-centered care across the healthcare continuum with an emphasis on clinical prevention, health promotion, health restoration, and health maintenance of adults. This course will focus on the nursing care of the perioperative patient, emergency management of patients, and patients with gastrointestinal disorders, immune responses, sensory, neurological, musculoskeletal disorders, and multisystem organ dysfunction. Adult Nursing Science II will draw on knowledge gained in prerequisite education and concepts addressed in Adult Nursing Science I. This course is aligned with Pathopharmacology II and Adult Nursing Science II Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 212P: Adult Nursing Science II Practicum**

**(2 credits: practicum; hybrid)**

This practicum allows the student to apply their nursing knowledge and skill in the holistic care of adult patients with common acute and chronic health conditions. The student hones their abilities to apply the nursing process, critically think, use clinical judgment, cultivate therapeutic relationships, communicate effectively with the intra- and interprofessional team, understand the healthcare system, utilize informatics and healthcare technologies, demonstrate professional behaviors and the values of Bon Secours Mercy Health, and engage in the learning process. This practicum is aligned with Adult Nursing Science II for ADN and Pathopharmacology II.

### **PHR 205: Pathopharmacology II**

**(2 credits: practicum; hybrid)**

This course examines physiology, pathophysiologic concepts, and pharmacological principles as related to the disruption of homeostasis in the human body. Building on knowledge of anatomy and physiology and concepts addressed in Pathopharmacology I, this course explores normal physiology, the corresponding disease processes, and the associated pharmacological interventions of the following body systems/issues: gastrointestinal, immune, musculoskeletal, nervous systems, multisystem dysfunction, pain management, and behavioral health. The student will explore current issues related to management of care and medication compliance, safety, and availability. This course is closely aligned with Adult Nursing Science II and the associated Adult Nursing Science II Practicum.

### **NUR 218: Behavioral Health Nursing**

**(2 credits: didactic; hybrid)**

This course focuses on nursing responses to behavioral health and disorders in individuals, families, and groups across the lifespan. The ADN student will integrate behavioral health assessments and provide evidence-based nursing care. The course will focus on nursing care for patients with behavioral health issues and disorders, including those associated with older adults. Emphasis is placed on the holistic application of physiological, psychosocial, communication, and behavioral health theories that promote optimal patient outcomes based on a collaborative interprofessional, person-centered approach. The student will reflect on their personal and societal values related to those with behavioral health disorders and the care of aging individuals. This course is aligned with Behavioral Health Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 218P: Behavioral Health Nursing Practicum**

**(2 credits: practicum; hybrid)**

This practicum allows the ADN student to focus on the practice of therapeutic communication and evidence-based practice in the care of geriatric clients and clients with

behavioral health issues at primary, secondary, and tertiary settings. The nursing process guides nursing care, with emphasis on a collaborative, interprofessional, and person-centered care. The student will reflect on their own personal biases to provide culturally relevant care with respect for patient values and preferences. The student will apply their knowledge of social determinants of health to serve as a patient advocate, provide health education, and provide direct care to patients with behavioral health issues and geriatric clients. This practicum is aligned with Behavioral Health.

### **NUR 221: Advanced Professional Concepts (2 credits; didactic; hybrid)**

This course provides the space for the ADN student to reflect on their professional identity as a nurse, with a specific focus on the ethical/moral development of the student as a nurse and as a person. The student will explore ethical issues involving new technologies, microaggressions, vulnerable populations, structural, and social issues that affect social determinants of health, classic ethical dilemmas, and the everyday tensions in healthcare. Moral agency, resilience, and ethical nursing care will be related to the nurse's professional identity.

### **NUR 219: Nursing Care of Families (4 credits: didactic; hybrid)**

This course introduces the concept of holistic, family centered nursing care to promote positive outcomes for families. Emphasis is placed on the healthcare needs of the family from pregnancy and the birth process through infancy, childhood, and adolescence. The ADN student will be introduced to scenarios related to concepts of epidemiology, abuse and neglect, and current health trends related to obstetrics and the pediatric population with the goal of formulating a comprehensive plan of care. This course aligns with the Nursing Care of Families Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 219P: Nursing Care of Families Practicum (2 credits: practicum; hybrid)**

This practicum allows the ADN student to apply their nursing knowledge and skill in the holistic care of families. Emphasis is placed on the healthcare needs of the family from pregnancy and the birth process through infancy, childhood, and adolescence. Students will have the opportunity to provide nursing care to families in pediatric and maternal health settings. This practicum is aligned with Nursing Care of Families.

### **NUR 222: Transition to Practice (3 credits: didactic; hybrid)**

This course prepares the student to transition to the role of an associate-prepared novice registered nurse. The student will examine professional practice models as well as the knowledge, skills, and attitudes required of the new

graduate nurse. Students will complete a comprehensive NCLEX-RN study plan throughout the course to include a mandatory three-day intensive live review. This course concludes with a proctored comprehensive exam based on the NCSBN NCLEX-RN blueprint as well as an opportunity to reflect upon professional and personal growth throughout the program. This course aligns with Clinical Immersion for application of knowledge, skills and attitudes learned over the course of the program.

### **NUR 222P: Clinical Immersion (4 credits: practicum, hybrid)**

This practicum allows the student to work with a registered nurse in a precepted experience. This practicum prepares the student to transition to their role as a professional nurse by providing the opportunity to integrate previous learning and solidify the knowledge, skills, and attitudes essential to the role of the associate-prepared nurse generalist. An emphasis will be placed on the application of safety science, evidence-based practice, and systems leadership perspectives. This course includes experiences in the acute care and community settings. This practicum aligns with Transition to Practice.

## Program Delivery

Southside College of Health Sciences offers the AASN nursing courses utilizing a blended (hybrid) distance education delivery format.

Distance Education Distance education is a delivery format that provides students the structure for learning to occur while not being physically present. Distance education includes specific pedagogical principles that are more than converting traditional delivery methods to online. Distance education includes quality experiences that include elements such as positive reinforcement, repetition, cognitive learning elements to assimilate new information, utilizes a variety of methods that appeals to the different learners and senses, and social interaction of the learners. At Southside College of Health Sciences, distance education is offered in a Blended (Hybrid) Delivery method.

- **Blended (Hybrid) Delivery:** “blended,” also known as “hybrid” delivery, is a combination of distance and traditional delivery methods. A blended course is designed to integrate the best of each format to complement the content that is delivered.



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