



**This Catalog Addendum  
references the 2022-2023  
academic year.**

October 21, 2022

## The content contained on pages 2 through 8 in this addendum is specifically related to the nursing program and its revised curriculum effective fall 2023.

# Admission Requirements

To be eligible for admission to the Associate of Applied Science in nursing (AASN) program in any published year, the application and all required materials must be received by the published deadlines. Admission to the AASN program occurs five times a year: twice in the fall and spring semesters, and once in the summer semester. The Office of Admissions submits all completed AASN applications to the nursing program for decision and approval.

All students must adhere to the College Admission Policy (ADM 3.11).

All students must attest to possessing the following Essential Skills and Competencies for Distance Education courses:

- Basic computer skills including, but not limited to:
  - Ability to communicate following rules of netiquette;
  - Ability to conduct web searches;
  - Ability to download/upload files;
  - Ability to communicate and collaborate asynchronously
- Basic reading and writing skills
- Time management and goal setting skills dedicated to prioritizing course work
- Ability to learn from text and multimedia
- Problem solving skills
- Willingness to seek support

## AASN Admission Requirements

- Graduation from an accredited high school or higher or General Educational Development (GED) certificate.
- Achievement of 2.0 or greater in required pre-requisite general education courses.
- Provision of official transcripts from high school, high school diploma or GED program certificate and all post-secondary schools/colleges/universities attended.
- Notice to the College of any convictions or present indictment for any felony or misdemeanor offense other than traffic violations that have not been expunged.
- Completion of the following general education courses with a 2.0 or greater:
  - English Composition I (3 credits)
  - College Math (3 credits)
  - Developmental Psychology (3 credits)
  - Anatomy & Physiology I (4 credits)
  - Microbiology (4 credits)
- Any applicant who has previously enrolled in or is currently enrolled in a nursing program is required to provide a letter from the director of the program verifying academic standing and clinical competence.

Graduates from the following schools with a 2.5 GPA and a 2.0 in all required pre-requisite general education courses will have guaranteed admission based on space availability:

Christopher Newport University, College of William and Mary, George Mason University, James Madison University, John Tyler Community College, Longwood University, Mary Washington University, Old Dominion University, Radford University, Randolph-Macon College, Reynolds Community College, Richard Bland College, Southside Virginia Community College, University of Richmond, University of Virginia, Virginia Commonwealth University, Virginia Polytechnic Institute and State University, Virginia State University, and Virginia Union University.  
For transfer credit guidelines refer to policy ADM 3.10.

Once a student is offered admission to the program, the following are other requirements that must be completed before a student will be allowed to attend classes:

- Attend “New Student Orientation”, complete the Online Readiness Module, and Curriculum Planning session.
- Submit clinical compliance requirements as stated in policy ACA 1.03.

## Student Declaration of Current Address and/or Relocation

It is the policy of Southside College of Health Sciences (SCHS) to require students to provide their current address/name and to update their records if their address/name changes while they are enrolled at the College. The purpose of this policy is to maintain accurate student address/name information for the purposes of College communications and dissemination of information related to professional licensure disclosures. This policy applies to prospective and enrolled students of SCHS.

### Definitions

*Address:* the physical address where the student resides while engaged in educational activities provided by SCHS.

*Name Change:* current legal name.

*Enrolled Student:* denotes the status of a SCHS student who has completed the registration requirements for an academic program at SCHS.

*Prospective Student:* denotes the status of an individual who has requested information about enrolling at SCHS or who has been contacted by the College about enrolling either directly or indirectly through advertising.

### Student Responsibilities

Upon enrollment in a program at SCHS, it is the enrolled student’s responsibility to provide the College, via the student portal of the student information system (SIS), of the enrolled student’s address/name and submit a copy of their government-issued ID, which serves as the basis of determination of the student’s address/name. Further, it is the Enrolled Student’s responsibility to notify the College, via the student portal of the SIS, of any change in the student’s address/name while enrolled. A change of address/name must be submitted within five (5) business days after the change becomes effective and this serves as the basis of determination of the student’s address/name. It is the enrolled student’s responsibility to update any changes to their full legal name in the student portal.

# General Education Admission Requirements Starting Fall 2023

COURSES	CREDIT HOURS	NOTES
English Comp I	3	Completed prior to admission
College Math	3	Completed prior to admission
Developmental Psychology	3	Completed prior to admission
Anatomy & Physiology I	4	Completed prior to admission
Microbiology	4	Completed prior to admission
Anatomy & Physiology II	4	Must be completed prior to 3rd 8-week session
English Comp II	3	Must be completed prior to 7th 8-week session

## Program Objectives

### AASN Nursing Student Learning Outcomes

At the end of the AASN program, the graduate will be able to:

- Integrate knowledge of liberal arts and sciences with the evolving body of nursing knowledge to facilitate the application of clinical judgment in the practice of nursing.
- Foster human flourishing through the delivery of holistic, ethical, developmentally appropriate, person-centered care that extends compassion to those in need.
- Apply knowledge of population health and health promotion strategies to promote the delivery of just and equitable care that reflects cultural humility, inclusivity, consideration of social determinants of health, and advocacy.
- Develop a spirit of inquiry fueled by curiosity and creativity that is informed by evidence and knowledge.
- Promote a culture of patient, provider, and workplace safety that contributes to the delivery of safe, quality patient care.
- Engage in intraprofessional and interprofessional relationships that lead to the development of highly effective teams.
- Identify the skills used in a systems leadership approach to healthcare that focuses on quality improvement, the complexities of the workforce, cost, and public policy.
- Effectively use information and communication technology in alignment with workplace policies, legal and regulatory standards, and professional practice.
- Establish a professional identity that reflects the core values of nursing and Bon Secours Mercy Health.
- Engage in personal and professional development that integrates self-care, flexibility, a capacity for leadership, and the pursuit of career-long learning.

# Schedule

<b>AASN CURRICULUM PLAN EFFECTIVE FALL 2023</b>	<b>CREDITS</b>
<b>1ST 8 WEEKS</b>	
NUR 100: Orientation to Nursing (C)	1
NUR 101: Foundations for Nursing Practice (C)	3
NUR 103P: Competencies for Nursing Practice (L, P)	2
Total session credits	6
<b>2ND 8 WEEKS</b>	
NUR 102: Lifespan Health Assessment and Clinical Prevention (C)	3
NUR 102L: Lifespan Health Assessment and Clinical Prevention Lab (L)	1
NUR 104P: Competencies for Nursing Practice II (L, P)	2
Total session credits	6
<b>3RD 8 WEEKS</b>	
NUR 111: Adult Nursing Science I (C)	3
NUR 111P: Adult Nursing Science I Practicum (P)	2
PHR 105: Pathopharmacology I (C)	2
Total session credits	7
<b>4TH 8 WEEKS</b>	
NUR 212: Adult Nursing Science II (C)	3
NURS 212P: Adult Nursing Science II Practicum (P)	2
PHR 205: Pathopharmacology II (C)	2
Total session credits	7
<b>5TH 8 WEEKS</b>	
NUR 218: Behavioral Health Nursing (C)	2
NUR 218P: Behavioral Health Nursing Practicum (P)	2
NUR 221: Advanced Professional Concepts (C)	2
Total session credits	6
<b>6TH 8 WEEKS</b>	
NUR 219: Nursing Care of Families (C)	4
NUR 219P: Nursing Care of Families Practicum (P)	2
Total session credits	6
<b>7TH 8 WEEKS</b>	
NUR 222: Transition to Practice (C)	3
NUR 222P: Clinical Immersion (P)	4
Total session credits	7
Total nursing course credits	45
Total required general education courses*	24
<b>TOTAL PROGRAM CREDITS</b>	<b>69</b>

# Pre-Licensure AASN Sample Curriculum Plan

COURSES	CREDIT HOURS	NOTES
English Comp I	3	Completed prior to admission
College Math	3	Completed prior to admission
Developmental Psychology	3	Completed prior to admission
Anatomy & Physiology I	4	Completed prior to admission
Microbiology	4	Completed prior to admission
Anatomy & Physiology II	4	Must be completed prior to 3rd 8-week session
English Comp II	3	Must be completed prior to 7th 8-week session

## Course Descriptions

### Pre-Licensure AASN Nursing Course Descriptions

#### **NUR 100: Orientation to Nursing**

##### **(1 credit classroom)**

This course introduces the student to the academic skills necessary for the success of an associate degree nursing student. The course will provide the student concrete academic strategies, exposure to essential professional codes and standards, time to reflect on their personal values and the values of Bon Secours Mercy Health, interprofessional and intraprofessional communication techniques, and an opportunity to build relationships with peers, faculty, and advisors.

#### **NUR 101: Foundations of Nursing Practice**

##### **(3 credits classroom)**

This course provides an overview of the foundations of the profession of nursing. The student will examine the history of nursing and its relationship to contemporary issues. The student will intentionally integrate knowledge gained through liberal arts and sciences with beginning nursing knowledge. Core concepts such as nursing process, clinical judgement models, psychosocial and physiological concepts, and evidence-based practice, that inform nursing practice will be explored.

#### **NUR 103P: Competencies for Nursing Practice I**

##### **(2 credits — 1 credit lab, 1 credit practicum)**

This lab and practicum introduce the student to patient care by focusing on fundamental nursing knowledge and psychomotor skills essential to nursing practice. The student will integrate concepts of the sciences, compassionate and person-centered care, the nursing process and evidence-based practice, communication, collaboration, informatics, and professionalism to form the foundation of nursing practice.

#### **NUR 102: Lifespan Health Assessment and Clinical Prevention**

##### **(3 credits classroom)**

This course utilizes a body systems approach to explore principles of health assessment and clinical prevention across the lifespan. The student will explore means to collect and interpret subjective and objective data to formulate clinical judgment about the individual's health state, response to actual or potential problems, life processes, or higher levels of wellness. The nursing student will promote primary, secondary, and tertiary prevention. This course is aligned with Lifespan Health Assessment and Clinical Prevention Lab.

#### **NUR 102L: Lifespan Health Assessment Lab**

##### **(1 credit lab)**

This lab allows the ADN student to apply learned concepts and demonstrate the knowledge, skills, and attitudes needed for a comprehensive health history and physical exam. The student will also use assessment data to inform teaching clinical prevention strategies. This lab is aligned with Lifespan Health Assessment and Clinical Prevention.

#### **NUR 104P: Competencies for Nursing Practice II**

##### **(2 credits — 1 credit lab, 1 credit practicum)**

This lab and practicum course continues knowledge and skill development for the ADN student. This course is combination of lab and practicum. The student will integrate concepts of the sciences, compassionate and person-centered care, the nursing process and evidence-based practice, communication, collaboration, informatics, and professionalism to form the foundation of nursing practice.

#### **NUR 111: Adult Nursing Science I**

##### **(3 credits classroom)**

This course introduces the ADN student to person-centered care across the healthcare continuum with an emphasis on clinical prevention, health promotion, health restoration, and health maintenance of adults. This course will focus on the nursing care for patients experiencing alterations in homeostasis secondary to fluid and electrolyte imbalance,

ventilation and oxygen transport problems, perfusion compromise, genitourinary dysfunction, and endocrine disorders. Adult Nursing Science I will draw on knowledge gained in prerequisite education and is aligned with Pathopharmacology I and Adult Nursing Science I Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 111P: Adult Nursing Science I Practicum (2 credits practicum)**

This practicum allows the ADN student to apply their foundational nursing knowledge and skill in the holistic care of adult patients with common acute and chronic health conditions. The student hones their abilities to apply the nursing process, critically think, develop clinical judgment, cultivate therapeutic relationships, communicate effectively with the intra- and interprofessional team, understand the healthcare system, utilize informatics and healthcare technologies, demonstrate professional behaviors and the values of Bon Secours Mercy Health, and engage in the learning process. This practicum is aligned with Adult Nursing Science I and Pathopharmacology I.

### **PHR 105: Pathopharmacology I (2 credits classroom)**

This course examines physiology, pathophysiologic concepts, and pharmacological principles as related to the disruption of homeostasis in the human body. Building on knowledge of anatomy and physiology, this course explores normal physiology, the corresponding disease processes, and the associated pharmacological interventions of the following body systems: autonomic nervous, endocrine, respiratory, cardiovascular, and genitourinary. The student will explore current issues related to management of care and medication compliance, safety, and availability. This course is closely aligned with Adult Nursing Science I and the associated Adult Nursing Science I Practicum.

### **NUR 212: Adult Nursing Science II (3 credits classroom)**

This course continues the student's exploration of person-centered care across the healthcare continuum with an emphasis on clinical prevention, health promotion, health restoration, and health maintenance of adults. This course will focus on the nursing care of the perioperative patient, emergency management of patients, and patients with gastrointestinal disorders, immune responses, sensory, neurological, musculoskeletal disorders, and multisystem organ dysfunction. Adult Nursing Science II will draw on knowledge gained in prerequisite education and concepts addressed in Adult Nursing Science I. This course is aligned with Pathopharmacology II and Adult Nursing Science II Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 212P: Adult Nursing Science II Practicum (2 credits practicum)**

This practicum allows the student to apply their nursing knowledge and skill in the holistic care of adult patients with common acute and chronic health conditions. The student hones their abilities to apply the nursing process, critically think, use clinical judgment, cultivate therapeutic relationships, communicate effectively with the intra- and interprofessional team, understand the healthcare system, utilize informatics and healthcare technologies, demonstrate professional behaviors and the values of Bon Secours Mercy Health, and engage in the learning process. This practicum is aligned with Adult Nursing Science II for ADN and Pathopharmacology II.

### **PHR 205: Pathopharmacology II (2 credits practicum)**

This course examines physiology, pathophysiologic concepts, and pharmacological principles as related to the disruption of homeostasis in the human body. Building on knowledge of anatomy and physiology and concepts addressed in Pathopharmacology I, this course explores normal physiology, the corresponding disease processes, and the associated pharmacological interventions of the following body systems/issues: gastrointestinal, immune, musculoskeletal, nervous systems, multisystem dysfunction, pain management, and behavioral health. The student will explore current issues related to management of care and medication compliance, safety, and availability. This course is closely aligned with Adult Nursing Science II and the associated Adult Nursing Science II Practicum.

### **NUR 218: Behavioral Health Nursing (2 credits classroom)**

This course focuses on nursing responses to behavioral health and disorders in individuals, families, and groups across the lifespan. The ADN student will integrate behavioral health assessments and provide evidence-based nursing care. The course will focus on nursing care for patients with behavioral health issues and disorders, including those associated with older adults. Emphasis is placed on the holistic application of physiological, psychosocial, communication, and behavioral health theories that promote optimal patient outcomes based on a collaborative interprofessional, person-centered approach. The student will reflect on their personal and societal values related to those with behavioral health disorders and the care of aging individuals. This course is aligned with Behavioral Health Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 218P: Behavioral Health Nursing Practicum (2 credits practicum)**

This practicum allows the ADN student to focus on the practice of therapeutic communication and evidence-based practice in the care of geriatric clients and clients with



behavioral health issues at primary, secondary, and tertiary settings. The nursing process guides nursing care, with emphasis on a collaborative, interprofessional, and person-centered care. The student will reflect on their own personal biases to provide culturally relevant care with respect for patient values and preferences. The student will apply their knowledge of social determinants of health to serve as a patient advocate, provide health education, and provide direct care to patients with behavioral health issues and geriatric clients. This practicum is aligned with Behavioral Health.

### **NUR 221: Advanced Professional Concepts (2 credits classroom)**

This course provides the space for the ADN student to reflect on their professional identity as a nurse, with a specific focus on the ethical/moral development of the student as a nurse and as a person. The student will explore ethical issues involving new technologies, microaggressions, vulnerable populations, structural, and social issues that affect social determinants of health, classic ethical dilemmas, and the everyday tensions in healthcare. Moral agency, resilience, and ethical nursing care will be related to the nurse's professional identity.

### **NUR 219: Nursing Care of Families (4 credits classroom)**

This course introduces the concept of holistic, family centered nursing care to promote positive outcomes for families. Emphasis is placed on the healthcare needs of the family from pregnancy and the birth process through infancy, childhood, and adolescence. The ADN student will be introduced to scenarios related to concepts of epidemiology, abuse and neglect, and current health trends related to obstetrics and the pediatric population with the goal of formulating a comprehensive plan of care. This course aligns with the Nursing Care of Families Practicum for application of knowledge, skills and attitudes learned during the course.

### **NUR 219P: Nursing Care of Families Practicum (2 credits practicum)**

This practicum allows the ADN student to apply their nursing knowledge and skill in the holistic care of families. Emphasis is placed on the healthcare needs of the family from pregnancy and the birth process through infancy, childhood, and adolescence. Students will have the opportunity to provide nursing care to families in pediatric and maternal health settings. This practicum is aligned with Nursing Care of Families.

### **NUR 222: Transition to Practice (3 credits classroom)**

This course prepares the student to transition to the role of an associate-prepared novice registered nurse. The student will examine professional practice models as well as the knowledge, skills, and attitudes required of the new

graduate nurse. Students will complete a comprehensive NCLEX-RN study plan throughout the course to include a mandatory three-day intensive live review. This course concludes with a proctored comprehensive exam based on the NCSBN NCLEX-RN blueprint as well as an opportunity to reflect upon professional and personal growth throughout the program. This course aligns with Clinical Immersion for application of knowledge, skills and attitudes learned over the course of the program.

### **NUR 222P: Clinical Immersion (4 credits practicum)**

This practicum allows the student to work with a registered nurse in a precepted experience. This practicum prepares the student to transition to their role as a professional nurse by providing the opportunity to integrate previous learning and solidify the knowledge, skills, and attitudes essential to the role of the associate-prepared nurse generalist. An emphasis will be placed on the application of safety science, evidence-based practice, and systems leadership perspectives. This course includes experiences in the acute care and community settings. This practicum aligns with Transition to Practice.

## Program Delivery

Southside College of Health Sciences offers the AASN nursing courses utilizing a blended (hybrid) distance education delivery format.

Distance Education Distance education is a delivery format that provides students the structure for learning to occur while not being physically present. Distance education includes specific pedagogical principles that are more than converting traditional delivery methods to online. Distance education includes quality experiences that include elements such as positive reinforcement, repetition, cognitive learning elements to assimilate new information, utilizes a variety of methods that appeals to the different learners and senses, and social interaction of the learners. At Southside College of Health Sciences, distance education is offered in a Blended (Hybrid) Delivery method.

- **Blended (Hybrid) Delivery:** “blended,” also known as “hybrid” delivery, is a combination of distance and traditional delivery methods. A blended course is designed to integrate the best of each format to complement the content that is delivered.



**The content contained on page 9 in this addendum is specifically related to the Radiologic Technology Program Curriculum Plan that appears on page 64 in the College Catalog effective for the 2022/2023 academic year.**

## Radiologic Technology Curriculum Plan

AAS IN RADIOLOGIC TECHNOLOGY				
SEMESTER I	TOTAL CREDIT HOURS	THEORY HOURS	LAB HOURS	CLINICAL HOURS
RAD 120: Radiographic Anatomy & Procedures I	4	45	30	0
RAD 110: Introduction to Patient Care & Pharmacology	3	45	0	0
RAD 150: Clinical Radiography I	3	0	0	135
*Elective	3	45	0	0
	<b>13</b>	<b>135</b>	<b>30</b>	<b>135</b>
SEMESTER II				
RAD 121: Radiographic Anatomy & Procedures II	4	45	30	0
RAD 160: Medical Imaging I	3	45	0	0
RAD 151: Clinical Radiography II	4	0	0	180
*Elective	3	45	0	0
	<b>14</b>	<b>135</b>	<b>30</b>	<b>180</b>
SEMESTER III				
RAD 220: Radiographic Anatomy & Procedures III	2	24	12	0
RAD 270: Medical Imaging II	2	30	0	0
RAD 250: Clinical Radiography III	5	0	0	225
*Ethics	3	45	0	0
	<b>12</b>	<b>99</b>	<b>12</b>	<b>225</b>
SEMESTER IV				
RAD 230: Radiographic Pathology	2	30	0	0
RAD 271: Medical Imaging III	3	45	0	0
RAD 251: Clinical Radiography IV	5	0	0	225
RAD 280: Independent Research Project	1	15	0	0
*Elective	3	45	0	0
	<b>14</b>	<b>135</b>	<b>0</b>	<b>225</b>
SEMESTER V				
RAD 260: Radiation Biology & Protection	2	30	0	0
RAD 272: Medical Imaging IV	3	45	0	0
RAD 252: Clinical Radiography V	5	0	0	225
*Elective	3	45	0	0
	<b>13</b>	<b>120</b>	<b>0</b>	<b>225</b>
<b>Prerequisite Courses</b>				
Human Anatomy & Physiology I	4	45	30	0
Human Anatomy & Physiology II	4	45	30	0
College Algebra, Statistics, or Pre-calculus	3	45	0	0
English I	3	45	0	0
Psychology (general, survey, developmental)	3	45	0	0
<b>Totals</b>	<b>83</b>	<b>849</b>	<b>132</b>	<b>990</b>

\*Required co-requisite electives:

English II, Social Science, History, Humanities (Art, Music or Theater), Philosophy (must be Ethics course)



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